THIS IS THE WAY TO KEEP YOURSELF AND YOUR PIGS HEALTHY PERSONNEL

People working with and visiting herds of pigs can both bring infections in to the pigs and carry infections home with them.

In the personnel portal, change daily into clean work clothes, socks, footwear and respiratory protection (to protect yourself from dust, for work environmental reasons). Put your cell-phone into a plastic bag.

Remember to use the farm's socks and do not take them home with you at the end of working day.

Wash and disinfect your hands before you enter and after you exit the stall. In-house infection protection is further improved if the hands are also disinfected before and after contact with the pigs, and between work in different departments and groups of animals.

Disposable gloves should only be used as a temporary measure to protect you during insemination, whilst farrowing and at other times when you are in direct contact with the animals.

Long-term use of disposable gloves is likely to cause various types of skin problems including allergies.

Keep wounds and eczema on the hands covered throughout your entire working day to avoid infecting the pigs with bacteria from the sores.

Work-gloves may be used to protect your hands from injuries that may give rise to wounds.

Shower and shampoo your hair at the end of the working day before you leave the personnel portal and your place of work.



Wash your hands and disinfect them before and after visiting the stalls and between different departments

Respiratory protection of the disposable type or breathing masks during visits to the animal enclosures

Freshly laundered work clothes every working day

Cell-phone in a plastic bag

Disposable gloves only to be used for short periods during treatment rounds, during insemination, whilst farrowing and at other times when you are in direct contact with the animals

Work gloves to be used to protect against injuries and sores

Keep **injuries** and **eczema** on the hands **covered** throughout the entire working day

The farm's own clean **socks** and **footwear**

Shower and **shampoo** before you leave the herd

